

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

## Silver Menu Autumn 2019

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>  02/09/19 23/09/19 14/10/19 11/11/19 2/12/19	<b>Main</b>	Gluten, wheat, soya, eggs milk sulphites	Gluten, wheat	Gluten, sulphites, wheat	Gluten , Wheat	Gluten, wheat fish
	<b>Vegetarian</b>	Gluten , egg , milk , wheat	Gluten, Wheat	Gluten, sulphites, wheat egg	Gluten	Gluten, wheat, egg, milk
	<b>Dessert</b>	Gluten barley eggs	Gluten, wheat, eggs	Gluten Wheat	Gluten wheat	Gluten, wheat , milk,
<b>Week 2</b>  09/09/19 30/09/19 21/10/19 18/11/19 9/12/19	<b>Main</b>	Gluten, wheat, soya, egg, milk, sulphites	Gluten, barley, wheat,	Sulphites, gluten	Mustard , sulphites	Gluten, wheat fish
	<b>Vegetarian</b>	Musturd sulphites	<b>Gluten, wheat, eggs,milk</b>	<b>Gluten, wheat, sulphites</b>	Gluten , wheat, milk	Egg , milk
	<b>Dessert</b>	Gluten , Wheat , milk	<b>Gluten eggs wheat</b>	Gluten , egg, wheat	Gluten , egg, wheat	Gluten, wheat , milk,
<b>Week 3</b>  16/09/19 7/10/19 4/11/19 25/11/19 16/12/19	<b>Main</b>	Gluten, wheat, soya, eggs milk sulphites	Gluten wheat milk	Gluten	Gluten wheat	Gluten, wheat fish
	<b>Vegetarian</b>	Gluten wheat	RoasteGluten lupin	Gluten egg wheat milk	<b>Gluten wheat milk</b>	Gluten wheat milk
	<b>Jacket Pot</b>					
<b>Dessert</b>	Gluten , Wheat , milk	Gluten wheat	Gluten wheat egg	<b>Gluten egg wheat milk</b>	Gluten, wheat , milk,	